

CENTRAL RD TRIAGE FLOW CHART



When a referral for RD services is received at the central office, that referral is processed by a referral team member.

If referral fits into any of the following of criteria, the referral team member will contact patient and book:

1:1 RD Appointment

- Patients <18 y.o.
- Prenatal nutrition / pregnancy
- Language Barrier
- Hearing impairment
- Food allergies / intolerance
- Irritable bowel syndrome / FODMAP / bloating/gas / diarrhea
- Inflammatory bowel disease / Crohn's disease / colitis / ulcerative colitis
- Diverticulitis / diverticular
- Anemia / low iron
- Osteoporosis / bone health
- Type 1 diabetes
- CKD / chronic kidney disease
- GERD / heartburn / reflux / vomiting
- Disordered eating
- Gout
- Weight loss surgeries (gastric bypass, sleeve, etc.)
- Low weight / low BMI / unintended weight loss

RD Group Visit

RD Group Visit (Diabetes)

- Elevated / high blood sugar / glucose
- Prediabetes
- Type 2 diabetes
- A1c indicated
- Diabetes management

RD Group Visit (Healthy Eating)

- Healthy eating
- Fatty liver

RD Group Visit (Heart Health)

- Hypertension / high blood pressure
- Dyslipidemia
- Hypercholesterolemia
- High cholesterol
- Elevated lipids / cholesterol
- DASH diet / Mediterranean diet

Phone Triage Appointment

- Weight management/ excess weight/overweight/ weight gain
- Obesity
- BMI (unless indicated as low BMI or underweight)
- No referral reason
- Multiple conditions listed
- "On insulin" is indicated
- Referral is ambiguous

Clinician will contact the patient during the appointment & book the patient for services as appropriate.