




















































































JULY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 NO PROGRAMS HAPPY CANADA DAY!	2  11am: Imagination Circle  1pm: Program Preview  3pm: Readers' Corner  4:30pm: Name That Sound	3  9:30am: All Request Music  11am: Crime and Justice  1pm: Coffee Chat  3pm: Exercise	4  9:30am: Gratitude  11am: Why Who When  1pm: In The Headlines  3pm: Lily Tomlin	5  9:30am: Classical Music Hour  11am: Exercise Chair Yoga  1pm: Worldviews  3pm: Brain Games
8  9:30am: Ponder This  11am: Exercise  1pm: The Big Picture  3pm: Robert Louis Stevenson	9  11am: Mindfulness  1pm: Science Savvy  3pm: Let's Talk About...  4:30pm: Wheel of Fortune	10  9:30am: Mystery Chronicles  11am: Music Therapy 101  1pm: Person Place or Thing  1pm: Estranged Relationships  3pm: Exercise	11 NO MORNING PROGRAMS  1pm: For Your Body  3pm: Coffee Chat  4:30pm: Dinner Theatre	12  9:30am: Kickin' Country Music  11am: Exercise  1pm: Writing for Fun  3pm: Vulnerable Animals
15  9:30am: The 1960s  11am: Exercise  1pm: Some Good News  3pm: Treasure Island Pt 1	16  11am: Imagination Circle  1pm: Mental Health Allyship Pt 1  3pm: Would You Rather?  4:30pm: Jeopardy	17  9:30am: Coffee Chat  11am: EPL Presents!  1pm: Don't Quote Me  1pm: Estranged Relationships  3pm: Exercise	18  9:30am: Gratitude  11am: Name That Tune  1pm: Calgary Stampede  3pm: Working Through Grief  4:30pm: Dinner Theatre	19  9:30am: All Request Music  11am: Exercise  1pm: Weird and Wonderful  3pm: In The Headlines
22  9:30am: The Art of Noticing  11am: Exercise  1pm: Klondike Gold Rush  3pm: Treasure Island Pt 2	23  11am: Mindfulness with Bonnie  1pm: Mental Health Allyship Pt 2  3pm: Pierre Trudeau  4:30pm: Trivia	24  9:30am: In The Headlines  11am: Get to Know Us: Karoline  1pm: Who Why When  3pm: Exercise	25  9:30am: Gratitude  11am: Shark Week  1pm: Coffee Chat  3pm: Funny Bone	26  9:30am: Latin Dance  11am: Exercise  1pm: Writing for Fun  3pm: BINGO
29  9:30am: The Art of Noticing  11am: Exercise  1pm: Animal Spotlight  3pm: Treasure Island Pt 3	30  11am: Music Meditation  1pm: Olympics  3pm: Coffee Chat  4:30pm: Scattergories	31  9:30am: Vinyl Café  11am: Great Barrier Reef  1pm: Let's Talk About...  1pm: Estranged Relationships  3pm: Exercise	<p>To join by phone, call: 1-855-703-8985 Enter meeting ID: 225-573-6467#</p>	



Pre-registration required



Special Events



Conversations



Health & Wellness



Learn & Discover





Just for Fun!

AUGUST 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>To join by phone, call: 1-855-703-8985 Enter meeting ID: 225-573-6467#</p>				
<p>5</p> <p>NO PROGRAMS HAPPY HERITAGE DAY!</p>	<p>6</p> <ul style="list-style-type: none"> 🍏 11am: Imagination Circle 🧠 1pm: Olympics 🗨️ 3pm: Readers' Corner 😊 4:30pm: Brain Games 	<p>7</p> <ul style="list-style-type: none"> 😊 9:30am: Mystery Chronicles 🧠 11am: Purple Heart 🗨️ 1pm: Coffee Chat ☎️ 1pm: Estranged Relationships 🍏 3pm: Exercise 	<p>1</p> <ul style="list-style-type: none"> 🍏 9:30am: Gratitude 🗨️ 11am: SCWW Advisory Group 🍏 1pm: For Your Body 🧠 3pm: Science Savvy 	<p>2</p> <ul style="list-style-type: none"> 😊 9:30am: Classical Music Hour 🍏 11am: Exercise 🧠 1pm: Smokey The Bear 😊 3pm: Person Place or Thing
<p>12</p> <ul style="list-style-type: none"> 🗨️ 9:30am: Ponder This 🍏 11am: Exercise 🗨️ 1pm: The Big Picture 😊 3pm: Treasure Island Pt 4 	<p>13</p> <ul style="list-style-type: none"> 🍏 11am: Mindfulness 🧠 1pm: Olympics 🗨️ 3pm: Some Good News 😊 4:30pm: Name That Sound 	<p>14</p> <ul style="list-style-type: none"> 😊 9:30am: All Request Music 🧠 11am: Who Why When 🗨️ 1pm: Worldviews ☎️ 1pm: Estranged Relationships 🍏 3pm: Exercise 	<p>8</p> <p>NO MORNING PROGRAMS</p> <ul style="list-style-type: none"> 🧠 1pm: Edmonton Folk Festival 🍏 3pm: Aging in Place 😊 4:30pm: Dinner Theatre 	<p>9</p> <ul style="list-style-type: none"> 😊 9:30am: Folk Song Favourites 🧠 11am: Exercise Chair Yoga ☎️ 12pm: Canadian Connections 😊 1pm: Writing for Fun 🗨️ 3pm: In The Headlines
<p>19</p> <ul style="list-style-type: none"> 🗨️ 9:30am: The 1970s 🍏 11am: Exercise 🧠 1pm: Marina Nemat 😊 3pm: Treasure Island Pt 5 	<p>20</p> <ul style="list-style-type: none"> 🍏 11am: Imagination Circle 🧠 1pm: Endangered Animals 🍏 3pm: Nutrition: Eating for Energy 😊 4:30pm: Don't Quote Me 	<p>21</p> <ul style="list-style-type: none"> 🧠 9:30am: From John to Justin 🧠 11am: EPL Presents! 🗨️ 1pm: Would You Rather? ☎️ 1pm: Estranged Relationships 🍏 3pm: Exercise 	<p>15</p> <ul style="list-style-type: none"> 🍏 9:30am: Gratitude 🧠 11am: Edmonton Blues Festival 🧠 1pm: Indigenous Teachings 🍏 3pm: Working Through Grief 	<p>16</p> <ul style="list-style-type: none"> 😊 9:30am: Blues Music 🍏 11am: Exercise 🗨️ 1pm: Let's Talk About... 🧠 3pm: Great Wall of China
<p>26</p> <ul style="list-style-type: none"> 🗨️ 9:30am: Ponder This 🍏 11am: Exercise 🧠 1pm: Animal Spotlight 😊 3pm: Treasure Island Pt 6 	<p>27</p> <ul style="list-style-type: none"> 🍏 11am: Mindfulness 🗨️ 1pm: Let's Talk About... 🧠 3pm: Crime and Justice 😊 4:30pm: Trivia 	<p>28</p> <ul style="list-style-type: none"> 😊 9:30am: Vinyl Café 🗨️ 11am: In The Headlines 🧠 1pm: Canada's Milestones ☎️ 1pm: Estranged Relationships 🍏 3pm: Exercise 	<p>22</p> <ul style="list-style-type: none"> 🍏 9:30am: Gratitude 😊 11am: Short Stories 🗨️ 1pm: Coffee Chat 🧠 3pm: Weird and Wonderful 	<p>23</p> <ul style="list-style-type: none"> 😊 9:30am: Name That Tune 🍏 11am: Exercise 😊 1pm: Writing for Fun 🧠 3pm: Klondike Gold Rush
<p>29</p> <ul style="list-style-type: none"> 🍏 9:30am: Gratitude 🧠 11am: Government 101 😊 1pm: Wheel of Fortune 🗨️ 3pm: Coffee Chat 😊 4:30pm: Broadway Musicals 	<p>30</p> <ul style="list-style-type: none"> 😊 9:30am: Songs of Faith 🍏 11am: Exercise 🧠 1pm: Who Why When 😊 3pm: BINGO 			

SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO PROGRAMS HAPPY LABOUR DAY!	3  11am: Imagination Circle  1pm: Person Place or Thing  3pm: Readers' Corner  4:30pm: Name That Tune	4  9:30am: Mystery Chronicles  11am: Agri-Labs  1pm: All Request Music  1pm: Estranged Relationships  3pm: Exercise	5  9:30am: Gratitude  11am: Brain Games  1pm: In The Headlines  3pm: Ronnie Hawkins  4:30pm: Broadway Musicals	6  9:30am: Classical Music Hour  11am: Exercise  1pm: Writing for Fun  3pm: Coffee Chat
9  9:30am: Ponder This  11am: Exercise  1pm: The Big Picture  3pm: Treasure Island Pt 7 16  9:30am: The 1980s  11am: Exercise  1pm: Crime and Justice  3pm: Discuss Treasure Island	10  11am: Mindfulness  1pm: Weird and Wonderful  3pm: Coffee Chat  4:30pm: Wheel of Fortune 17  11am: Imagination Circle  1pm: Klondike Gold Rush  3pm: Worldviews  4:30pm: Jeopardy	11  9:30am: Who Why When  11am: Funny Bone  1pm: Extinct Animals  1pm: Estranged Relationships  3pm: Exercise 18  9:30am: Coffee Chat  11am: EPL Presents!  1pm: Alice Munro  1pm: Estranged Relationships  3pm: Exercise	12 NO MORNING PROGRAMS  1pm: Rose City of Petra  3pm: Some Good News  4:30pm: Broadway Musicals 19  9:30am: Gratitude  11am: Let's Talk About...  1pm: Beatles Music Hour  3pm: Working Through Grief	13  9:30am: One Hit Wonders  11am: Exercise Chair Yoga  1pm: Science Savvy  3pm: Would You Rather? 20  9:30am: All Request Music  11am: Exercise  1pm: Writing for Fun  3pm: BINGO
23  11am: Coffee Chat	24  11am: Animal Spotlight	25  11am: Eric's Churchill Adventures	26  11am: Gratitude	27  11am: Don't Quote Me
30 NO PROGRAMS NATIONAL DAY OF TRUTH AND RECONCILIATION	<p>To join by phone, call: 1-855-703-8985 Enter meeting ID: 225-573-6467#</p>			



Pre-registration required



Special Events



Conversations



Health & Wellness



Learn & Discover



Just for Fun!