## **JULY 2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO PROGRAMS HAPPY CANADA DAY!	11am: Imagination Circle 1pm: Program Preview 3pm: Readers' Corner 4:30pm: Name That Sound	<ul> <li>9:30am: All Request Music</li> <li>11am: Crime and Justice</li> <li>1pm: Coffee Chat</li> <li>3pm: Exercise</li> </ul>	<ul> <li>9:30am: Gratitude</li> <li>11am: Why Who When</li> <li>1pm: In The Headlines</li> <li>3pm: Lily Tomlin</li> </ul>	<ul> <li>9:30am: Classical Music Hour</li> <li>11am: Exercise Chair Yoga</li> <li>1pm: Worldviews</li> <li>3pm: Brain Games</li> </ul>
9:30am: Ponder This  11am: Exercise  1pm: The Big Picture  3pm: Robert Louis Stever	9  11am: Mindfulness 1pm: Science Savvy 3pm: Let's Talk About 4:30pm: Wheel of Fortune	<ul> <li>9:30am: Mystery Chronicles</li> <li>11am: Music Therapy 101</li> <li>1pm: Person Place or Thing</li> <li>1pm: Estranged Relationships</li> <li>3pm: Exercise</li> </ul>	NO MORNING PROGRAMS  in 1pm: For Your Body     3pm: Coffee Chat     4:30pm: Dinner Theatre	9:30am: Kickin' Country Music 11am: Exercise 1pm: Writing for Fun 3pm: Vulnerable Animals
9:30am: The 1960s 11am: Exercise 1pm: Some Good News 3pm: Treasure Island Pt 1	11am: Imagination Circle 1pm: Mental Health Allyship Pt 1 3pm: Would You Rather? 4:30pm: Jeopardy	9:30am: Coffee Chat 11am: EPL Presents! 1pm: Don't Quote Me 1pm: Estranged Relationships 3pm: Exercise	9:30am: Gratitude 11am: Name That Tune 1pm: Calgary Stampede 3pm: Working Through Grief 4:30pm: Dinner Theatre	9:30am: All Request Music 11am: Exercise 1pm: Weird and Wonderful 3pm: In The Headlines
9:30am: The Art of Notice 11am: Exercise 1pm: Klondike Gold Rush 3pm: Treasure Island Pt 2	ng  11am: Mindfulness with Bonnie 1pm: Mental Health Allyship Pt 2	9:30am: In The Headlines 11am: Get to Know Us: Karoline 1pm: Who Why When 3pm: Exercise	9:30am: Gratitude 11am: Shark Week 1pm: Coffee Chat 3pm: Funny Bone	<ul> <li>9:30am: Latin Dance</li> <li>11am: Exercise</li> <li>1pm: Writing for Fun</li> <li>3pm: BINGO</li> </ul>
9:30am: The Art of Notice 11am: Exercise 1pm: Animal Spotlight 3pm: Treasure Island Pt 3	<ul><li>11am: Music Meditation</li><li>1pm: Olympics</li></ul>	<ul> <li>9:30am: Vinyl Café</li> <li>11am: Great Barrier Reef</li> <li>1pm: Let's Talk About</li> <li>1pm: Estranged Relationships</li> <li>3pm: Exercise</li> </ul>		call: <b>1-855-703-8985</b> D: <b>225-573-6467</b> #



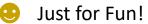










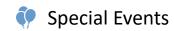


## **AUGUST 2024**

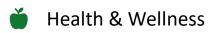
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
To io	in by phone call, 1 OFF 70	9:30am: Gratitude	9:30am: Classical Music Hour	
10 10	in by phone, call: <b>1-855-7</b> 0	11am: SCWW Advisory Group	11am: Exercise	
Er	nter meeting ID: 225-573-6	1pm: For Your Body	1pm: Smokey The Bear	
	J	3pm: Science Savvy	3pm: Person Place or Thing	
5	6	7	8	9
		9:30am: Mystery Chronicles	NO MORNING PROGRAMS	9:30am: Folk Song Favourites
NO PROGRAMS	11am: Imagination Circle	9 11am: Purple Heart		11am: Exercise Chair Yoga
HAPPY HERITAGE DAY!	1pm: Olympics	1pm: Coffee Chat	1pm: Edmonton Folk Festival	12pm: Canadian Connections
	3pm: Readers' Corner	1pm: Estranged Relationships	3pm: Aging in Place	1pm: Writing for Fun
	4:30pm: Brain Games	🍎 3pm: Exercise	4:30pm: Dinner Theatre	3pm: In The Headlines
12	13	14	15	16
9:30am: Ponder This		9:30am: All Request Music	9:30am: Gratitude	9:30am: Blues Music
11am: Exercise	11am: Mindfulness	11am: Who Why When	11am: Edmonton Blues Festival	11am: Exercise
1pm: The Big Picture	1pm: Olympics	1pm: Worldviews	1pm: Indigenous Teachings	1pm: Let's Talk About
<ul><li>3pm: Treasure Island Pt 4</li></ul>	3pm: Some Good News	1pm: Estranged Relationships	3pm: Working Through Grief	3pm: Great Wall of China
	4:30pm: Name That Sound	🍎 3pm: Exercise		
19	20	21	22	23
9:30am: The 1970s		9:30am: From John to Justin	9:30am: Gratitude	9:30am: Name That Tune
11am: Exercise	11am: Imagination Circle	11am: EPL Presents!	U 11am: Short Stories	11am: Exercise
1pm: Marina Nemat	1pm: Endangered Animals	1pm: Would You Rather?	1pm: Coffee Chat	1pm: Writing for Fun
3pm: Treasure Island Pt 5	3pm: Nutrition: Eating for Energy	1pm: Estranged Relationships	3pm: Weird and Wonderful	3pm: Klondike Gold Rush
	4:30pm: Don't Quote Me	🍎 3pm: Exercise		
26	27	28	29	30
9:30am: Ponder This		9:30am: Vinyl Café	9:30am: Gratitude	9:30am: Songs of Faith
11am: Exercise	11am: Mindfulness	11am: In The Headlines	11am: Government 101	11am: Exercise
1pm: Animal Spotlight	1pm: Let's Talk About	1pm: Canada's Milestones	1pm: Wheel of Fortune	1pm: Who Why When
3pm: Treasure Island Pt 6	3pm: Crime and Justice	1pm: Estranged Relationships	3pm: Coffee Chat	3pm: BINGO
	4:30pm: Trivia	🍎 3pm: Exercise	4:30pm: Broadway Musicals	



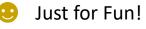
Pre-registration required











## SEPTEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO PROGRAMS HAPPY LABOUR DAY!  9:30am: Ponder This 11am: Exercise 1pm: The Big Picture 3pm: Treasure Island Pt 7  6  9:30am: The 1980s 11am: Exercise 1pm: Crime and Justice 3pm: Discuss Treasure Island	11am: Imagination Circle 1pm: Person Place or Thing 3pm: Readers' Corner 4:30pm: Name That Tune  10  11am: Mindfulness 1pm: Weird and Wonderful 3pm: Coffee Chat 4:30pm: Wheel of Fortune 17  11am: Imagination Circle 1pm: Klondike Gold Rush 3pm: Worldviews	9:30am: Mystery Chronicles 11am: Agri-Labs 1pm: All Request Music 1pm: Estranged Relationships 3pm: Exercise  11 9:30am: Who Why When 11am: Funny Bone 1pm: Extinct Animals 1pm: Estranged Relationships 3pm: Exercise  18 9:30am: Coffee Chat 11am: EPL Presents! 1pm: Alice Munro 1pm: Estranged Relationships	<ul> <li>9:30am: Gratitude</li> <li>11am: Brain Games</li> <li>1pm: In The Headlines</li> <li>3pm: Ronnie Hawkins</li> <li>4:30pm: Broadway Musicals</li> <li>NO MORNING PROGRAMS</li> <li>1pm: Rose City of Petra</li> <li>3pm: Some Good News</li> <li>4:30pm: Broadway Musicals</li> <li>9:30am: Gratitude</li> <li>11am: Let's Talk About</li> <li>1pm: Beatles Music Hour</li> <li>3pm: Working Through Grief</li> </ul>	9:30am: Classical Music Hour  11am: Exercise 1pm: Writing for Fun 3pm: Coffee Chat  13 9:30am: One Hit Wonders 11am: Exercise Chair Yoga 1pm: Science Savvy 3pm: Would You Rather?  20 9:30am: All Request Music 11am: Exercise 1pm: Writing for Fun 3pm: Writing for Fun 3pm: BINGO
23	4:30pm: Jeopardy 24	3pm: Exercise 25	26	27
11am: Coffee Chat	11am: Animal Spotlight	11am: Eric's Churchill Adventures	<ul><li></li></ul>	11am: Don't Quote Me
NO PROGRAMS  NATIONAL DAY OF TRUTH  AND RECONCILIATION			call: <b>1-855-703-8985</b> ID: <b>225-573-6467</b> #	





